



October 24, 2024

The Honorable Monica De La Cruz
1415 Longworth House Office Building
Washington, D.C. 20515

Dear Representative De La Cruz:

On behalf of the Diabetes Advocacy Alliance (DAA), I am writing to express the DAA's full support and gratitude to you for your leadership in sponsoring the Diabetes Prevention Program Reauthorization Act of 2024 and co-sponsoring it with Rep. Lou Correa (D-CA-46).

Your bill is critical because it would reauthorize the program and additional funding for the [National Diabetes Prevention Program \(National DPP\)](#) at the Centers for Disease Control and Prevention (CDC). While our country has, over the years, made progress in diagnosing and treating type 2 diabetes, a better approach is to prevent it from occurring or significantly delaying its onset – both of which are potential outcomes for those adults with prediabetes who are interested in improving their health and can avail themselves of the National DPP evidence-based lifestyle change program provided by CDC-recognized suppliers across the country.

We are especially grateful that your bill calls for \$5 million annual budget increases for the program through 2029, which cumulatively would represent an increase of tens of millions for the program and would help assuage a growing type 2 diabetes epidemic. The National DPP is a vital service that offers an evidence-based treatment for the [97.6 million American adults \(38 percent of the U.S. adult population\)](#) who have prediabetes and are at increased risk for developing type 2 diabetes. The National DPP is based upon a large National Institutes of Health-funded clinical trial that showed, overall, that adults with prediabetes reduced their risk of developing type 2 diabetes by [58 percent, and by 71 percent among adults aged 60 and older](#). Research conducted after the clinical trial concluded that [similar results could be achieved in community-based settings](#), such as local YMCAs. Since inception, more than 790,000 American adults have participated in a National DPP program either in-person in their communities, or virtually, using their computers or tablets. Given the scope of the challenge of prediabetes, so much more needs to be done, which is why your bill is so critical.

The DAA is a coalition of 22 public, patient, professional, and private sector organizations, listed below, which raise awareness about diabetes on the national level with the goal of improving diabetes prevention, detection, and care. Several members of the DAA, including my organization, are suppliers of Diabetes Prevention Programs that have achieved recognition from the CDC for delivering evidence-based lifestyle change programs shown to prevent or delay cases of type 2 diabetes. We are collectively working to help reduce the economic and health-related burdens of

diabetes, and your bill is a fundamental step in advancing type 2 diabetes prevention in the United States.

Thank you again, Representative De La Cruz, for your leadership on diabetes prevention. We are proud to support the Diabetes Prevention Program Reauthorization Act of 2024, and we look forward to working with you, Rep. Correa, and other members of the Congressional Diabetes Caucus, to ensure a healthy future for the National DPP.

If you have any questions, you can reach me at katie.adamson@ymca.net.

Sincerely,



Katie Adamson
Co-Chair, Diabetes Advocacy Alliance
Vice President, Health Partnerships & Policy, YMCA of the USA

cc: The Honorable Lou Correa

Members of the Diabetes Advocacy Alliance

Academy of Nutrition and Dietetics
American Association of Clinical Endocrinology
American Diabetes Association
American Medical Association
American Podiatric Medical Association
American Telemedicine Association
Association of Diabetes Care & Education Specialists
Black Women's Health Imperative
Diabetes Leadership Council
Diabetes Patient Advocacy Coalition
Endocrine Society
Global Liver Institute
National Association of Chronic Disease Directors
National Council on Aging
National Kidney Foundation
Noom, Inc.
Novo Nordisk Inc.
Omada Health, Inc.
Pediatric Endocrine Society
Teladoc Health

WeightWatchers
YMCA of the USA